

Chapter VI

We, the ladies of Mu alpha Chi Youth Sorority, recognize that skill, service, sisterhood, and supremacy are the foundational elements for which this sorority was established. We believe that our commitment to upholding these standards of excellence will ensure our future success. Conquering all obstacles, we will continue to invent greatness, create legacies and advance the art of step.

## "I am oh so proud to be a lady of Mu Alpha Chi!"

Brief History:

Chi Sigma Chi was founded in the year 2005 at Park Vista Community High School. Two students (Tabitha Foreman & Tavar "Noah" James) took it upon themselves to build a legacy which would influence adolescents to adulthood - from high school to college and beyond.

When first founded, the organization was primarily a step team that would compete locally against other high schools and organizations. Within its first year, Chi Sigma Chi became a dominating force on the stepping scene, and it also became the most respected minority organization at Park Vista High School.

In 2009, the founders and leading officers decided to take the team to another level. The primary focus of the organization shifted from superior competition performance to academics, service, sisterhood, and then performance. The organization became more involved with community service efforts, school campus volunteering through a sisterly outpouring.

The ladies have represented the Greek letters proudly, and they have become one of the most respected organizations on Park Vista's campus and in South Florida.

In 2017, after a two-year hiatus, the team was renamed and rebuilt by captain, Mai Tran. In following the footprint created by Tabiyha and Tavar, the ladies of Mu Alpha Chi will continue to allow Skill, Service, Sisterhood, and Supremacy to be the fundamentals that drive them to invent greatness, create legacies and advance in the art of step.

# Quick Facts:

Name:

Current: Mu Alpha Chi Youth Sorority
Former: Chi Sigma Chi

Founded: Fall 2005

Founders:

Ms. Tabitha Forman (class of 2007) Mr. Tavar James (class of 2008) Mrs. Vivian Williams (founding sponsor)

> Current Sponsor: Ms. Samantha Bruce

The Four Fundamentals:

Skill Service Sisterhood Supremacy

Call out: "Whoop-Whoop!"

Home:

Park VIsta Community High School Palm Beach County, Fl

> Flower: Dahlia

> Mascot: Cobra

Colors:

Black, Silver (Gray), Purple

Motto:

"The Definition of Excellence!"

#### Creed

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ALL CANDIDATES <u>MUST</u> MEMORIZE THE CREED AND ABOVE QUICK FACTS!!!

# Park Vista Step Team

## Parents and Perspective Step Team Member

It is with great joy that I welcome you to the 2022-2023 Step season. It is my esteemed privilege to be your sponsor, and I anxiously look forward to having a terrific season! To ensure that you are always kept abreast with what's going on with the team, I have registered with Remind 101. Remind 101 is a text messaging and emailing system that allows me to send messages to students and parents. Register to receive messages via text, by texting the message @pvsteptea to the number 81010.

#### Involvements/Events:

- Community Service
  - The step team will participate in community service activities with the goal of earning 20 community service hours by the end of the year and participating in She's the First scholarship program
- Campus Involvement
  - We will actively participate in campus sporting, fundraising, and other school spirited events at Park Vista
- Fundraising
  - All members will have an opportunity to participate in candy sales to supplement the cost of performance attire
- Socials
  - We will have socials through the season to promote sisterhood

## Academic and Conduct Regulations:

- If a member receives a D or F in any class, you will be suspended from all organization events until you have improved the grade.
- Faculty complaints, excessive absences, and other misconduct will result in suspension or expulsion from the step team.
- Members must maintain a cumulative 2.0 GPA as set forth by Park Vista High School extracurricular involvement standards.

#### <u>Practice</u>

Practices are held from 3:00-5:00pm Mondays & Wednesdays on school days in the cafeteria (you should be lined up and ready to go at 3:00pm). <u>Attendance is not optional</u>. If you need to miss practice for any reason, please notify Ms. Bruce directly, at least 24 hrs in advance. <u>Do not forward your message through team members</u>. Failure to notify me directly of an absence will result in disciplinary action, which may lead to expulsion from the team.

#### Fair Share

In an effort to meet the costs incurred for preparing the performances, each member is required to pay a \$100 fair share for the season. This money will be used towards team related expenses.

Other Financial Obligations: The cost of ALL required performance attire and shoes will be the responsibility of the students. However, each member will have an opportunity to earn funds through organized fundraisers to apply towards these costs. You are responsible to completely fulfill your fundraising obligations. This means, if we are selling tangible products, you must sell or pay the full retail price to cover the cost of each product taken; there are NO GIVEBACKS. You will have one month to submit payment for each completed fundraiser.

## Try-Out Process:

- The step team does not ever participate in any disrespectful or abusive treatment of any kind, let alone during the tryout process. The focus of this organization is growth through respect and self-discipline. We do not condone any form of hazing. The purpose of the interview and try out week is to gain full understanding of the student's dedication to being a part of the Mu Alpha Chi youth sorority.
- All female Park Vista High School students who have an interest in being a part of the step team have an equal opportunity to try out.

## Try-Out Schedule

- Days 1-3: Practice
  - Candidates will learn and practice a choreographed routine and step drills.
- Day 4: Judging and Deliberation
  - Candidates will perform the routine and step drills in front of the sponsor and team
    officers.
  - Candidates who have earned a spot on the step team will be notified within 72hrs of deliberation

#### Attire:

- During the four-day tryout period and required team practices, all candidates MUST wear:
  - Black basketball shorts (shorts no more than 3 inches above the knee in length. NO cheerleading shorts!)
  - o A <u>clean plain white</u> crew neck, not V-Neck, Tee-shirt
  - Comfortable ALL BLACK sneakers
  - No jewelry (necklaces, hanging earrings, watches, rings, etc.) (stud earrings allowed)
  - No writing or logos allowed on any clothes other than sponsor-approved PV gear.

## (Practice will start promptly at 3:00 and will end at 5:05)

# Any participant <u>NOT</u> in the <u>REQUIRED</u> attire will be asked to leave immediately <u>NO EXCEPTIONS!</u>

## Money & Forms:

- Completed and signed document due September 23, 2022
- Fairshare \$100 due September 23, 2022
- The cost of ALL required performance attire and shoes will be the responsibility of the students. However, each member will have an opportunity to earn \$100 through organized fundraising to put toward these costs.

# Sign and Return

Parent/Guardian:
(Your signature indicates your approval and commitment to the financial obligation required to support you child's involvement in Mu Alpha Chi Youth Sorority)
Step Team Member:
(Your signature indicates you intend to adhere to the regulations and standards as set forth by the Mu Alpha Chi Youth Sorority)

NOTE: <u>If you are planning to participate in other after school activities that interfere with any Step Team practices throughout the year, please talk to Ms. Bruce to find a resolution.</u>

# Point System

# Consequences for Violations:

- Points are tracked on Class Dojo
- When a team member reaches 20 violation points, they will be suspended from the team for 1 performance
- When a team member reaches 30 violation points, they will be permanently expelled from all team activities

# Earning System:

- Missing part of uniform 1 point
- Missing whole uniform 2 points
- Arriving Late/Leaving Early 2 points
- Missing Practice Without Valid Reason (Death in the family, illness, or injury with a doctor's note) 4 points
- Misconduct/Poor Attitude 4 points
- Report Card Grade of D, F, 2 or 1 4 points

I,c understand the consequences of not doing so Team Point System.	agree to abide by the rules and o which are outlined in the Step
Signature:	Date: